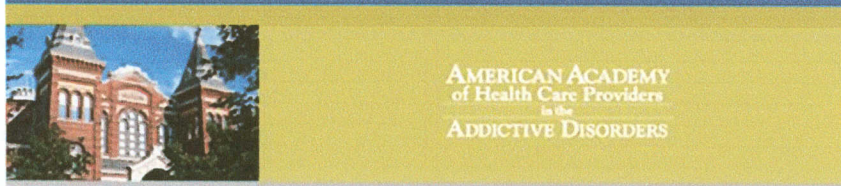


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Now is the time to add a specialization.

A survey by the Academy members indicated that in addition to alcohol and drug counseling, many are also counseling in the domains of

- eating disorders,
- sexual addiction, and
- gambling addiction.

There is no additional fee at this time to add an eating disorder or sexual addiction specialization.

Take advantage of this opportunity now.

Effective April 1, 2011 a \$50 fee will be added.

American Academy Recommended Resource

dicas.com

The Distance Learning Center for Addiction Studies (DLCAS) is an internet based educational service that provides comprehensive training and information in the field of addiction studies.

[Visit the website.](#)

American Academy's CAS NCCA Accreditation Statement

Dear Cheri,

"Life is like riding a bicycle. To keep your balance, you must keep moving." Albert Einstein



The American Academy continues to celebrate the major accomplishment of its NCCA accreditation and, as a result, doors are opening for the CAS in many new areas. One example is the State of California Alcohol and Drug Program now lists the American Academy as one of ten approved certification organizations for its alcohol and drug counselors. Without the NCCA accreditation and the support of Academy members, this opportunity would not have been made possible.

The Academy appreciates your participation in the recent survey of how many, in addition to alcohol and other drugs, are counseling in the domains of sexual addiction, eating disorders and gambling. Of those surveyed, the response was eating disorders, 70%; sexual addiction, 66%; and gambling addiction, 56%. This feedback is invaluable in knowing how to better serve you going forward. With this information, I encourage you to enhance your CAS and add a specialization for those domains.

Contact our office if you have any questions, at 1-888-429-3701, or via email: info@americanacademy.org.

Best to you as you "keep moving forward!"

Cheri Swensson
Executive Director
American Academy of Health Care Providers in the Addictive Disorders

MEET A MEMBER OF THE CERTIFICATION BOARD

Dr. Brenda Schaeffer MDiv, LP, CAS



Dr. Brenda Schaeffer, a licensed psychologist, is a Certified Addiction Specialist, and holds a doctorate in Spiritual Psychology. She has extensive training and experience in a number of psychologies, including (but not limited to) child development, sexual addiction, and trauma. [Read article on Sexual Addiction by Dr. Schaefer.](#)

Dr. Schaeffer has appeared on a variety of national television and radio shows in the U.S. and Canada. She has been featured in magazines such as *Elle*, *Fitness*, and *Lotus*. She is author of *Love's Way: The Union of Body, Ego, Soul and Spirit*, the bestseller, *Is It Love or Is It Addiction?; Loving Me Loving You;* *Signs of Healthy Love; Signs of Addictive Love; Power Plays*, and *Helping Yourself Out of Love Addiction*. She is also the former host of the talk radio show "It's All About Love."

She is the founder of Healthy Relationships, her private practice in the Minneapolis, Minnesota, area where she conducts therapy, training and workshops. Visit Dr. Schaeffer's website at www.loveandaddiction.com or www.brendaschaeffer.com.

OUR MISSION STATEMENT

The American Academy of Health Care Providers in the Addictive Disorders:

- Establishes and fosters the highest standard of professional ethics and professional credentialing to ensure the competency of health care providers in the addictive disorders;
- Develops and administers examinations that assess the knowledge and skills underlying the performance of the tasks required by professional practice;



- Advances education, training and scientific research in the field of addictive disorders.

In addition to initial recognition, the American Academy provides a mechanism to recognize individuals who continue to demonstrate qualifications through adherence to standards of professional behavior and compliance with continuing education requirement.

American Academy of Health Care Providers in the Addictive Disorders

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